



Your Welcome Guide

# Millcroft

step down service for men

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177 Moresdale Lane  
Leeds LS14 6XJ



Welcome to your new home at Millcroft, a brand new service providing you with a warm and homely community environment. Millcroft has 6 bedrooms and four apartments providing an opportunity to continue towards independent living. Whether you are in one of our 6 bedrooms or 4 apartments, they are fully furnished with everything you need.

We understand that moving into a new environment can be stressful - our team are here to answer your questions, support you and help you settle in. Our team includes Senior and Recovery Support Workers on call 24hrs a day to assist you in managing your mental health and physical health needs. You will be invited to work with our Occupational Therapist who will support you in your vocational and daily living skills.



## Your Future

Our goal is to create 'Your Future Plan' which we work on together with you by:

- helping improve your social networks
- offering any support around your skills and future employment plans
- help you work on your well being both physically and mentally
- empowering you to be in charge of your future
- share skills with you to help to stay well



## What to expect

You may be new to the area and new to services, we will:

- introduce you to the area so you can get around easily
- work with you to create a weekly planner
- help you feel safe and confident as you gain greater independence
- support you with any appointments
- introduce you to all our team members who are here to help you with any questions or concerns you may have





## Your Key Contacts

Your Name:

Your Key Worker:

Your Care Co-ordinator:

Your GP:

Your Social Worker



Your Notes

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