



# Brookhaven House, Preston

Residential service with mental health nursing – for adults with complex mental health needs



**22 ensuite bedrooms**



**Spacious lounges, dining room & meeting spaces**



**Therapeutic kitchen**



**Life skills & vocational coaching**

## Brookhaven House supports:

- Adults aged 18 and over with a primary mental health diagnosis and/or personality disorder
- May be subject to a CTO, Section 37/41, DoLS, or of informal status
- May have a forensic history and present with moderate levels of risk, aggression, self-harm or substance misuse
- May have secondary diagnosis such as ABI, autism, alcohol or substance misuse, or mild/borderline learning disability
- May pose a risk to themselves or others, requiring a structured therapeutic environment

## Referral pathways

Referrals are accepted from:

Acute and PICU wards

Low/medium secure hospitals

Other residential care services

Community teams following placement breakdown (“step-up”)

Prisons

Out-of-area repatriations

## About Active Pathways

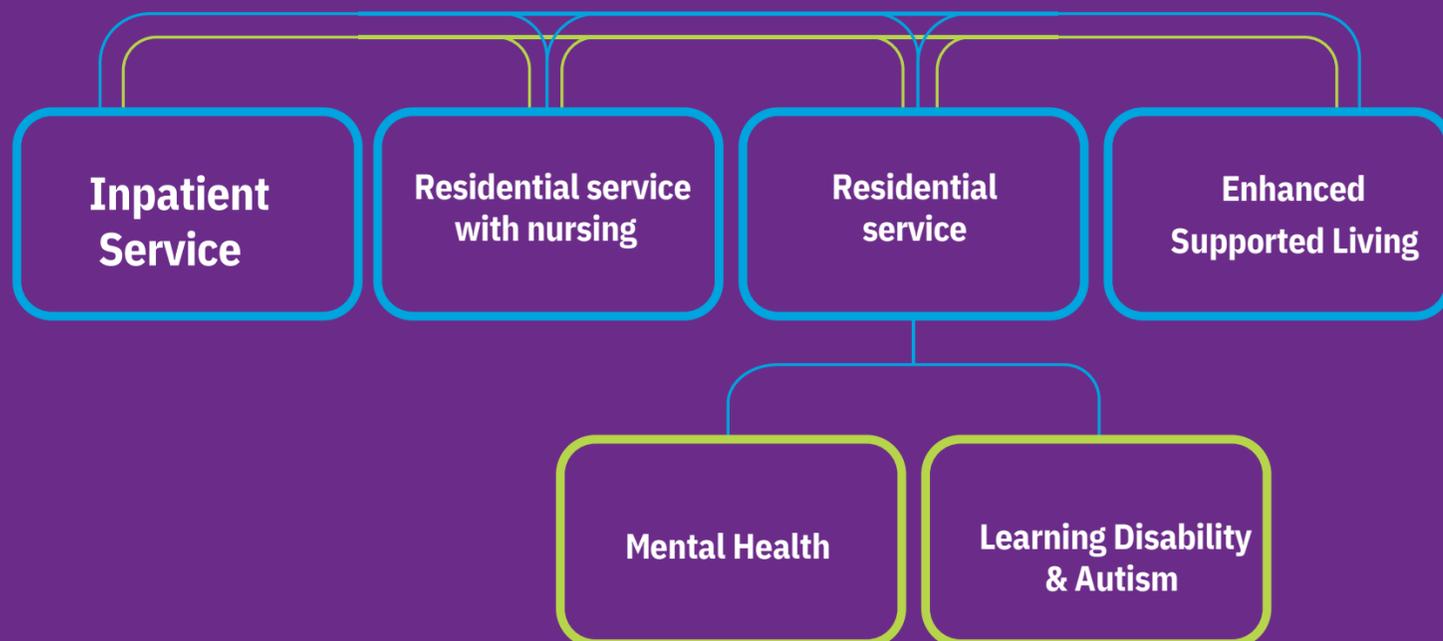
Active Pathways provides specialist mental health and complex care services across the North of England, supporting adults through integrated step-up and step-down pathways from hospital to community living.

Psychologically informed environments and multidisciplinary teams deliver evidence-based, outcome-focused support that promotes recovery, reduces readmission, and enables sustainable transitions into independent living.

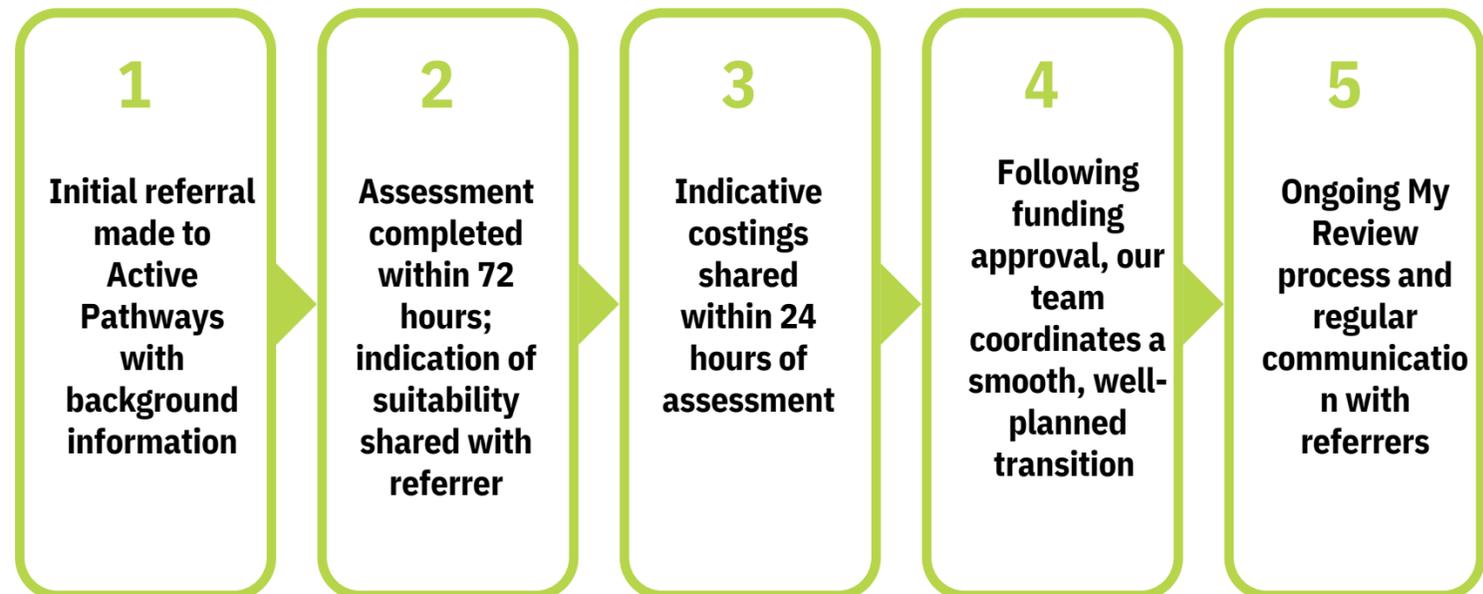


## Care Pathways with Active Pathways

Therapeutic care led by an in-house therapeutic team, including occupational therapy, psychology and nursing.



### How to refer



### Make a referral:

[referrals@active-pathways.com](mailto:referrals@active-pathways.com) | [www.active-pathways.com](http://www.active-pathways.com)